

FEMALE RECRUIT SEABAG LIST

EVERYBODY must pack everything in sections A-D. Quantities of items in fields E & F are determined by which uniforms you are bringing.

YOU MUST HAVE A TOTAL OF 3 SETS OF WORKING UNIFORMS IN ANY COMBINATION OF CUUs/NWUs

*For each uniform set you must have at LEAST 3 corresponding uniform t-shirts.

Inspector use	Qty packed	Qty req'd	Item
SECTION A			Essentials
		1	ID Card, current, signed w/ photo, laminated
		1	Service record
		1	Lock w/ 2 keys
		1	Seabag ¹
		1	This packing worksheet, completed by recruit

SECTION B			Dress whites
		1	Dress white jumper
		1	Dress white trousers
		1	Combination cover OR beret with NSCC device
		1	Neckerchief
		1	White belt w/ silver tip IF pants have belt loops (male trousers)
		1	Silver buckle (IF belt is worn)
		2	White t-shirts
		1	Dress shoes, black leather, oxford style (NO CORFRAMS)
		Set	Ribbons w/ribbon bar- NO NAME PLATES

SECTION A			Standard uniform items/clothing
		4-6	PT shorts, BLUE or BLACK NSCC or Navy ³
		4-6	PT shirts, solid color or NSCC or Navy ³
		1	PT shoes
		1	PT Sweatshirt, Navy, NSCC or plain BLUE
		1	PT Sweatpants, Navy, NSCC or plain BLUE
		1	Reflective PT belt YELLOW or ORANGE
		10-15	Socks, WHITE, pt (ankle or calf socks, NO knee socks)
		10-15	Underwear, WHITE
		1-2	Dress bra, WHITE for wear with dress uniform
		8-15	Sports bra, WHITE
		10-15	Socks, BLACK uniform (calf-height, NO ankle socks)

Inspector use	Qty packed	Qty req'd	Item
SECTION D			Personal items
		4	Towel, WHITE, bath
		4	Washcloth, WHITE
		1	Soap*
		1	Soap dish
		1	Shower shoes, BLACK, plain*
		1	Mesh laundry bag
		1	Shoe shine kit ²
		1	Toothbrush*
		1	Toothpaste*
		1	Deodorant*
		1	Comb or brush
		1	Feminine hygiene items, as required
		4	Sheets, flat, WHITE, single or twin (NO fitted)
		1	Sewing kit
		1	Sun screen, SPF 15+ (NO AEROSOL CANS)
		10	Hangers
		1	Military canteen w/belt and cover (NO CAMELBAKS)
		1	Pillow
		2	Pillow case, WHITE
		1	Blanket, solid colored, GRAY or DARK BLUE preferred
		Set	Stationary and stamps w/ preaddressed envelopes
		1	Notebook, composition style (no spiral bound)
		2	Pens, stick type
		-	Prescribed medications, enough for duration of training
		1	Shampoo
		4-6	Blousing bands
		1	Small duffel bag

*There are absolutely NO EXCEPTIONS for missing shower shoes or necessary hygiene gear. If it is not on this list it is contraband and will be confiscated.

List the quantities of items packed in "Qty packed" column. Bring this sheet completed to check in

SECTION E		NWUs ⁴
		NWU trousers (NWU name tape, no USNSCC tape)
		NWU blouse (NWU Name tape and USNSCC tape)
		Blue t-shirts
		NWU gortex parka preferred, but any rain coat is acceptable
		Silver belt buckle (can use the same one from your whites)
		NWU 8-Point cover
		Black LEATHER boots (NO suede)
		Black belt w/ silver tip

SECTION F		CUUs ⁴
		CUU trousers (OD green name tape, no USNSCC tape)
		CUU blouse (OD green name tape and USNSCC tape)
		BROWN t-shirts (NOT green, dark brown, tan, blue or white. You can order the Field jacket OR woodland gortex parka preferred, but any rain coat will do
		CUU 8-point cover
		Silver buckle
		BLACK leather boots (NO tan boots, NO suede)
		Black belt w/silver tip

INSPECTOR USE ONLY	
Inspection completed by:	
	PASS / FAIL
Reinspection completed by:	
	PASS / FAIL

Circle the column of the number of sets of each uniform you have

Fill out this block with the quantity you packed of each item

# of uniform sets:	1	2	3
	1	2	3
	1	2	3
	3	6	9
QUANTITY REQUIRED	1		
	1		
	1		
	1		
	1		
	1		

Quantity packed

# of uniform sets:	1	2	3
	1	2	3
	1	2	3
	3	6	9
QUANTITY REQUIRED	1		
	1		
	1		
	1		
	1		
	1		

Quantity packed

Footnotes:
¹ONE extra bag may be used to pack bulky items.
²NO QUICK SHINE "SHOE POLISH". These sponge-applied chemicals harm the leather of your boots.
³PT gear will be either Navy or NSCC gear or not have any print at all.
⁴Recruit MUST have three sets of working uniforms and at least three t-shirts of the proper
 Pack everything in see-through bags (ziplock, space bags) and label them with their contents.

*There are absolutely NO EXCEPTIONS for missing shower shoes or necessary hygiene gear. If it is not on this list it is contraband and will be confiscated.