

List the quantities of items packed in "Qty packed" column. Bring this sheet completed to check in

**MALE RECRUIT SEABAG LIST**

EVERYBODY must pack everything in sections A-D. Quantities of items in fields E & F are determined by which uniforms you are bringing.

**YOU MUST HAVE A TOTAL OF 3 SETS OF WORKING UNIFORMS IN ANY COMBINATION OF CUUs/NWUs**

\*For each uniform set you must have at LEAST 3 corresponding uniform t-shirts.

Inspector use	Qty packed	Qty req'd	Item
<b>SECTION A</b>			<b>Essentials</b>
		1	ID Card, current, signed w/ photo, laminated
		1	Service record
		1	Lock w/ 2 keys
		1	Seabag <sup>1</sup>
		1	This packing worksheet, completed by recruit

<b>SECTION B</b>			<b>Dress whites</b>
		1	Dress white jumper
		1	Dress white trousers
		1	Dixie cup
		1	Neckerchief
		1	White belt w/ silver tip
		1	Silver buckle
		2	White t-shirts
		1	Dress shoes, black leather, oxford style (NO CORFRAMS)
		Set	Ribbons w/ribbon bar- NO NAME PLATES

<b>SECTION A</b>			<b>Standard uniform items/clothing</b>
		4-6	PT shorts, BLUE or BLACK NSCC or Navy <sup>3</sup>
		4-6	PT shirts, solid color or NSCC or Navy <sup>3</sup>
		1	PT shoes
		1	PT Sweatshirt, Navy, NSCC or plain BLUE
		1	PT Sweatpants, Navy, NSCC or plain BLUE
		1	Reflective PT belt YELLOW or ORANGE
		10-15	Socks, WHITE, pt (ankle or calf socks, NO knee socks)
		10-15	Underwear, WHITE
		10-15	Socks, BLACK uniform (calf-height, NO ankle socks)

Inspector use	Qty packed	Qty req'd	Item
<b>SECTION D</b>			<b>Personal items</b>
		4	Towel, WHITE, bath
		4	Washcloth, WHITE
		1	Soap*
		1	Soap dish
		1	Shower shoes, BLACK, plain*
		1	Mesh laundry bag
		1	Shoe shine kit <sup>2</sup>
		1	Toothbrush*
		1	Toothpaste*
		1	Deodorant*
		1	Comb or brush
		2	Disposable razor (every male, NO EXCEPTIONS)
		1	Shaving cream (NO AEROSOL CANS)
		1	Sewing kit
		1	Sun screen, SPF 15+ (NO AEROSOL CANS)
		10	Hangers
		1	Military canteen w/belt and cover (NO CAMELBAKS)
		4	Sheets, flat, WHITE, single or twin (NO fitted)
		1	Pillow
		2	Pillow case, WHITE
		1	Blanket, solid colored, GRAY or DARK BLUE preferred
		Set	Stationary and stamps w/ preaddressed envelopes
		1	Notebook, composition style (no spiral bound)
		2	Pens, stick type
		-	Prescribed medications, enough for duration of training
		4-6	Blousing bands
		1	Small duffel bag

\*There are absolutely NO EXCEPTIONS for missing shower shoes or necessary hygiene gear. If it is not on this list it is contraband and will be confiscated.

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SECTION E		NWUs <sup>4</sup>
		NWU trousers (NWU name tape, no USNSCC tape)
		NWU blouse (NWU Name tape and USNSCC tape)
		Blue t-shirts
		NWU gortex parka preferred, but any rain coat is acceptable
		Silver belt buckle (can use the same one from your whites)
		NWU 8-point cover
		Black LEATHER boots (NO suede)
		Black belt w/ silver tip

SECTION F		CUUs <sup>4</sup>
		CUU trousers (OD green name tape, no USNSCC tape)
		CUU blouse (OD green name tape and USNSCC tape)
		BROWN t-shirts (NOT green, dark brown, tan, blue or white. You can order the correct color brown t-shirts here: <a href="http://www.soffe.com/mens/military/shirts-bottoms/3-pack-tee-m280-">http://www.soffe.com/mens/military/shirts-bottoms/3-pack-tee-m280-</a>
		Field jacket OR woodland gortex parka preferred, but any rain coat will do
		Silver buckle
		CUU 8-point cover
		BLACK leather boots (NO tan boots, NO suede)
		Black belt w/silver tip

INSPECTOR USE ONLY	
Inspection completed by:	
	PASS / FAIL
Reinspection completed by:	
	PASS / FAIL

Circle the column of the number of sets of each uniform you have

# of uniform sets:	1	2	3
	1	2	3
	1	2	3
	3	6	9
QUANTITY REQUIRED	1		
	1		
	1		
	1		
	1		

Fill out this block with the quantity you packed of each item

Quantity packed

# of uniform sets:	1	2	3
	1	2	3
	1	2	3
	3	6	9
QUANTITY REQUIRED	1		
	1		
	1		
	1		
	1		

Quantity packed

**Footnotes:**  
<sup>1</sup>ONE extra bag may be used to pack bulky items.  
<sup>2</sup>NO QUICK SHINE "SHOE POLISH". These sponge-applied chemicals harm the leather of your boots.  
<sup>3</sup>PT gear will be either Navy or NSCC gear or not have any print at all.  
<sup>4</sup>Recruit MUST have three sets of working uniforms and at least three t-shirts of the proper color per set.  
 Pack everything in see-through bags (ziplock, space bags) and label them with their contents.

\*There are absolutely NO EXCEPTIONS for missing shower shoes or necessary hygiene gear. If it is not on this list it is contraband and will be confiscated.